The Heart of Transformation

How can people change, both themselves and their world?

From troubled souls beside an analyst to Shamans beating a drum, from the success hungry chanting 'I can!' to modern witches burning magick candles, from hypnotists counting down to the bored and curious buying Voodoo love spells...

What underlies Buddhists meditating, Jungians interpreting, life-coaches believing, regressionists releasing and psychologists wanting to change?

Or, what is the purest form of all change?

This remarkable book can change the way you feel about everything.

Without dogma or assumption, the journey takes apart the situation of human beings, to ascertain the way in which life manifests, and from there -- a successful and revolutionary method of living unfolds.

*** UNDERSTAND the exact process by which you have always been weaving the future into now, and reign it.**

*** DISCOVER the unconscious process of creation within - and control it.**

*** HEAL your past in each moment, and love it.**

*** LIVE without fear or loss, and be you.**

*** COMPREHEND life's ultimate meaning, and free you.**

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The Curse and Miracle of Expectation

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J Lowet